Behavioral Team Building



We increase the effectiveness of your team by tapping into the behavioral science behind team dynamics. Our programs help your team collaborate more effectively, become more productive, leverage team members' strengths, and have more fun working together!



What Makes Us Different?



Experts

We have over 20 years' experience in delivering experiential teambuilding sessions that drive real change



Action Oriented

Team members leave the session having learned specific behaviors and processes they need to become a high performing team

"The strength of the team is each individual member. The strength of each individual member is the team."

Phil Jackson - NBA Coach, Chicago Bulls and LA Lakers – 9x NBA championship winner.



Behavioral Science

Our sessions integrate team dynamics and interpersonal psychology insights to motivate your team's performance



Experiential

Our team building sessions actively involve the team members in activities designed to highlight and experience key team dynamic principles



Team Facts

Research from Google on their employees found five keys to a successful team:



Psychological safety

Can we take risks on this team without feeling insecure or embarrassed?



Dependability

Can we count on each other to do high quality work on time?



Structure & clarity

Are goals, roles, and execution plans on our team clear?



Meaning of work

Are we working on something that is personally important for each of us?



Impact of work

Do we fundamentally believe that the work we're doing matters?

Behavioral Team Building

Team Building Programs

We design and facilitate custom team building programs for your organization. These range from full day sessions to one hour fun events. Below are some of the many sessions that we conduct:



The Amazing Race

The Amazing Race is a fun pact race across the hotel grounds where teams need to complete different challenges to score as many points as possible.

Active Learning, Collaboration, Communication, Trust, Strategic Planning



The Commercial Challenge

The Commercial Challenge has teams develop and film a 60-second commercial that highlights an important organizational initiative or theme.

Collaboration, Creativity, Impact, Outside the Box Thinking



Team Medley

Team Medley is a combination of a number of experiential activities that gets your team up and working together.

Active Learning, Bonding, Fun, Paradigm Shift



Treasure Hunt

Treasure Hunt has teams searching across the hotel grounds to find hidden treasure – which could be physical, information or relationships.

Active Learning, Collaboration, Communication, Strategic Planning



The Electronic Maze

The Electronic Maze has participants work as a team to find their way across an electronic carpet that is laid out like a checker board – except some squares beep while others don't.

Celebration, Paradigm Shift, Strategic Planning, Team Support, Trust



Road Rally

Road Rally has team members taking turns weaving their race car through an obstacle course or in an exciting race against the other teams.

Bonding, Fun, Skill, Strategic Planning



Quest for the Red Planet

Gold has been discovered on Mars. Quest for the Red Planet is a team board game challenge that pits teams in a race to fly to Mars, mine as much gold as possible, and make it back alive.

Assumptions, Communication, Strategic Planning, Outside the Box Thinking



The Food Challenge

The Food Challenge is both fun and helps out those in need. Teams go through a variety of challenges in which they are trying to collect the most food – which at the end of the day will go to a local food shelf.

Collaboration, Giving Back, Team Support, Community



Custom Design

Custom Design – we use our over 20 years in team development and behavior change work and develop a custom team building solution for you. Let us know your objectives and we will do the rest.

Built around your objectives and needs